



RULES to LIVE by

- Use fall protection as required
- Follow safe excavation, trenching, and confined/enclosed spaces work practices
- Wear FR Apparel, as required
- Wear the proper insulating gloves and sleeves, as required
- Check for voltage and follow grounding work policies and practices
- Follow Workers Protection Assurance (WPA) safe work practices
- Follow safe driving practices – wear seat belts and do not engage in distracted driving
- Follow blowing gas safety requirements



Rules to Live By

Ameren Missouri Additional Detail and Reference

The information below is intended to help further explain and provide references for The Rules to Live By to ensure all possible precautions are taken to prevent serious injuries and fatalities. The bullet points are not intended to be all inclusive and are to be used in conjunction with FOCUS Five Injury Prevention.

Use fall Protection, as required.

- Wear a full body harness and lanyard when working from an aerial device.
- Wear a positioning device or Personal Fall Arrest System when climbing poles or other structures.
- Use proper personal fall protection when working 4' or closer to an unprotected side or edge that is 4' or greater to a lower level.

Follow safe excavation, trenching and confined/enclosed space work practices.

- Ensure a Competent Person inspects and tests soil for each excavation prior to entering.
- Do not enter excavations 5' or deeper unless protected from cave-in by sloping, benching or shoring.
- Provide safe egress (ladder or slope) from excavations of depths of 4' or more.
- Confined/Enclosed Spaces:
 - Utilize pre-entry/continuous air monitoring for oxygen, flammable and toxic gases.
 - Ensure rescue equipment and attendants are readily available for emergencies.

Wear the proper insulating gloves and sleeves, as required.

- Comply with Ameren Missouri Rubber Glove Policy
 - Complete visual and air tests prior to using rubber gloves.
- Missouri Gas Operations specific guidance*
- Class "O" gloves shall be worn when performing electric meter disconnects and reconnects or when working with AC supply and analog phone lines greater than 50 volts for metering equipment.
 - When taking readings on rectifiers, Class "O" gloves or extend probes shall be utilized. Class "O" gloves shall be used when working on a rectifier that is energized.

Check for voltage and follow grounding work policies and practices.

- Follow grounding work practices as outlined in the Consolidated Safety Manual.

Wear FR apparel, as required.

- Wear Ameren-approved FR apparel.
- Follow requirements of the ARC Flash Policy.

Follow Workers Protection Assurance (WPA) safe work practices.

- Follow WPA procedures as required by the CSM.
- Always use 3-way communication for switching and WPA.

Follow blowing gas safety requirements.

- Meet all requirements contained within Working with Blowing Gas section of the O&M Manual.
- Establish safe zone with particular attention for potential gas migration resulting from damaged facilities related to boring operations.
- Utilize the required PPE, including supplied air-respirator, FR clothing and other protective gear.

Follow safe driving practices – wear seatbelts as required and do not engage in distracted driving.

- Always follow Safe Driving practices utilizing the Smith 5 Keys when operating Ameren vehicles or equipment including personal vehicles for company business.
- Perform the Circle of Safety, utilize spotters.
- Only hands-free devices are permitted while driving.
- Do not allow technology to be a distraction while driving,