

# Everyday Savings Tips

In addition to these home upgrades, don't forget to incorporate these actions in your daily routine:

## General Tips For Around The House

- Turn off your lights when leaving a room.
- Use ceiling fans to circulate air in the room only when home.
- Unplug any battery chargers or power adapters when not in use.
- Turn off your TV and other electronics when not being used.
- Use a smart power strip as a central "turn off" point.
- Purchase ENERGY STAR certified appliances/electronics.
- Consider replacing your windows with ENERGY STAR certified models.
- Close the fireplace damper on the chimney tight when not in use.
- Keep your refrigerator/freezer as full as possible without over packing to allow air flow.

## Kitchen

- Run the dishwasher only when full and use the air-dry option if available.
- Use the right-sized pot on stove burners.
- Cover pots and pans to keep heat in.
- Use your microwave or toaster oven to reheat or cook small portions.
- Use the microwave instead of an electric oven.
- Use cold water when operating your food/waste disposal.

## Laundry







- Use the cold water setting on your washer for most loads.
- Wash a load of laundry only when you have a full load.
- Don't over-dry your clothes.
- Dry full loads, or reduce drying time for partial loads.
- Clean the dryer's lint filter after each load.
- Use an outdoor clothes line for ultimate energy savings!



# Customize An Energy Savings Plan

After creating your Energy Profile, develop a customized energy savings plan to help you achieve your savings goals. The Energy Efficiency tab of your Energy Profile generates a personalized list of ways to save from the answers you provided when creating your profile. Simply select "Add to your to-do list" on any item in the list and it will appear in the My Plan section of your profile. Complete your energy savings plan by setting your savings goal to populate an estimate of how much you will save each year.

View your personalized list of ways to save in the following categories:

 Air	 Lighting
 Devices	 Cooking
 Water	 Other

# For More Information

## Energy Efficiency Residential Program

Phone: 1.866.838.6918

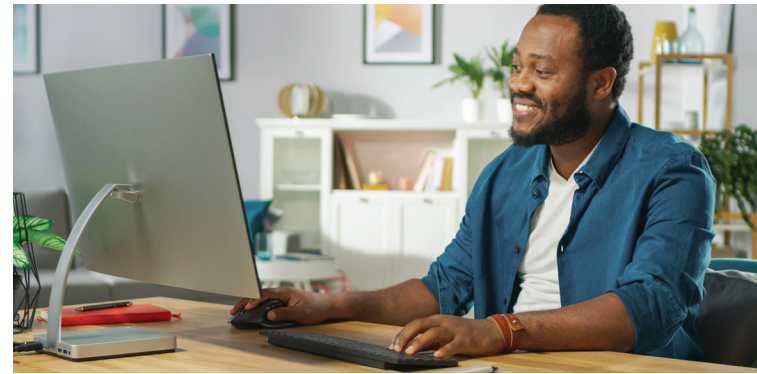
Email: [IllinoisResidentialEE@ameren.com](mailto:IllinoisResidentialEE@ameren.com)

## Energy Efficiency Business Program

Phone: 1.866.800.0747

Email: [IllinoisBusinessEE@ameren.com](mailto:IllinoisBusinessEE@ameren.com)

Visit [AmerenIllinoisSavings.com](https://www.AmerenIllinoisSavings.com) to learn more about energy efficiency programs and incentives.



# Ways to Save Room by Room



# Check Out These Tools and Tips!

When it comes to energy, actions speak louder than words. Take action to become a smarter, safer energy consumer. Explore these tips to help reduce your energy in every room. And log on to **AmerenIllinoisSavings.com** to learn about our energy efficiency programs and incentives.



## Living Room

### Lighting

- ☐ Use ENERGY STAR® certified fixtures and LED bulbs.
- ☐ Keep drapes open during the winter daylight hours and close window shades and drapes in summer daylight hours.
- ☐ Use a smart power strip to stop phantom power with home entertainment systems.

### Insulation and Air Flow

- ☐ Ensure all air registers are clear of furniture.
- ☐ Caulk and weatherstrip around windows and doorframes.
- ☐ Use caulk or spray foam to seal any holes where pipes or TV/cable wires and vents enter or exit your home.

## Kitchen

### Lighting

- ☐ Use ENERGY STAR certified fixtures and LED bulbs.

### Insulation and Air Flow

- ☐ Clear any obstructions from air registers or floor vents.
- ☐ Replace your screens with storm windows.
- ☐ Caulk and weatherstrip around windows and doorframes.

### Appliances and Electronics

- ☐ Replace your old refrigerator or freezer with an ENERGY STAR certified model.
- ☐ Check door gaskets on your refrigerator and freezer by closing the door on a dollar bill. If the bill can be easily pulled from the closed door, you should replace the gasket.
- ☐ Vacuum the coils on your refrigerator and freezer units at least every three months.

## Bedrooms

1 2 3 4 (Number of bedrooms)

### Lighting

- ☐ ☐ ☐ ☐ Use ENERGY STAR certified fixtures and LED bulbs.

### Insulation and Air Flow

- ☐ ☐ ☐ ☐ Caulk and weatherstrip around windows and doorframes.
- ☐ ☐ ☐ ☐ Clear any obstructions from air registers and vents.

## Dining Room

### Lighting

- ☐ Use ENERGY STAR certified fixtures and LED bulbs.

### Insulation and Air Flow

- ☐ Clear any obstructions from air registers or floor vents.
- ☐ Caulk door frames and weatherstrip around windows and doorframes.
- ☐ Consider replacing your sliding door with an ENERGY STAR certified door.
- ☐ Seal any voids around your outlets with an inexpensive outlet gasket.

## Bathroom

### Lighting

- ☐ Use ENERGY STAR certified fixtures and LED bulbs.

### Insulation and Air Flow

- ☐ Install a properly sized ENERGY STAR certified ventilation fan.
- ☐ Caulk and weatherstrip around windows and doorframes.
- ☐ Cover and seal holes in the plumbing, ductwork, or electrical runs.
- ☐ Use your bath fan to remove excess moisture.

## Home Office

### Lighting

- ☐ Use ENERGY STAR certified fixtures and LED bulbs.

### Insulation and Air Flow

- ☐ Clear any obstruction from air registers and vents.
- ☐ Seal holes around outlets.

### Appliances and Electronics

- ☐ Enable power management features on your computer and monitor.
- ☐ Use a smart power strip to prevent phantom power from increasing your energy bill.

## General

### Heating and Cooling

- ☐ Install a programmable or smart thermostat.
- ☐ Use a dehumidifier to remove excess moisture (humidity).
- ☐ Set your water heater thermostat to 120 degrees or lower.
- ☐ Check your system’s air filter once a month and replace it at least every three months.

- ☐ Schedule a pre-season check-up of your HVAC system by a licensed contractor in the spring and fall.
- ☐ Consider replacing your furnace if it is more than 15 years old, or your A/C unit if it is more than 12 years old.
- ☐ If your system is too large or too small, you will have inadequate heating and cooling. An HVAC contractor can recommend proper sizing.
- ☐ Keep all filters and fans clean for efficient operation.
- ☐ If your system is old, have a plan in place for replacement, so you are ready if it stops working.

## Attic

- ☐ Do not block attic vents.
- ☐ Weatherstrip and insulate, access doors.
- ☐ Air seal to prevent air leakage from your home to your attic.
- ☐ Insulate to a minimum R38.

## Ducts

- ☐ Seal duct connections and seams with duct sealant.
- ☐ Wrap ducts in insulation (R-6 to R-8 is recommended).
- ☐ Cover ducts with blown insulation.

## Chimney

- ☐ Seal hidden air leaks.
- ☐ Cover chimney and furnace flue gaps with metal flashing.
- ☐ Caulk small flue gaps with high-temperature caulk.

## Plumbing Stack

- ☐ Seal small gaps with caulk.
- ☐ Seal holes up to three inches in diameter with spray foam.
- ☐ Cover spaces larger than three inches with a piece of foam board and seal with spray foam.

