

# 2021 GET INTO ENERGY – VIRTUAL YOUNG WOMEN'S CAREER DAY



Wednesday, August 11<sup>th</sup> 2021

9:30 a.m. to 12:00 p.m.

Virtual – Must have internet access from your computer, laptop, tablet or cell phone.



All participants will receive a Microsoft Teams invitation to the event sent to the participant's email address designated below.

Participant's Name \_\_\_\_\_  
Participant's Street Address \_\_\_\_\_  
City, State Zip Code \_\_\_\_\_  
Participant's Phone \_\_\_\_\_  
Participant's High School \_\_\_\_\_  
Participant entering what grade? \_\_\_\_\_

**Participant's Email Address**

\*\*\*\*\***IMPORTANT**\*\*\*\*\*

Email must be used for virtual login on day of event and to send important communications about the program. \_\_\_\_\_

Participant's Shirt Size (S, M, L, XL, XXL): \_\_\_\_\_  
(Shirts will be mailed to address provided above)

How did you hear about this program? \_\_\_\_\_

Primary Area of Interest at Ameren (i.e. HR, Engineering, etc.) \_\_\_\_\_

X \_\_\_\_\_ /\_\_\_\_\_/\_\_\_\_\_  
Participant Signature Date Signed

X \_\_\_\_\_ /\_\_\_\_\_/\_\_\_\_\_  
Participant Parent or Legal Guardian Signature Date Signed

Please email this **signed** form to: [sgifford@ameren.com](mailto:sgifford@ameren.com)

Please email Nya Grimes at [cgrimes2@ameren.com](mailto:cgrimes2@ameren.com) with any questions.

## Get Into Energy- **Virtual** Young Women's Career Day Agenda (Tentative)

<b>TIME</b>	<b>AGENDA TOPIC</b>
<b>9:30 – 9:45 am</b>	Opening, Introductions of WISE Committee, and Safety Moment
<b>9:45 – 10:00 am</b>	Icebreaker
<b>10:00 – 10:15 am</b>	Leader Welcome
<b>10:15 – 10:30 am</b>	Ameren Careers
<b>10:30 – 10:40 am</b>	Stretch & Menti Meter Survey
<b>10:40 – 11:00 am</b>	Sustainability Exercise
<b>11:00 – 11:05 am</b>	Break
<b>11:05-11:20am</b>	HR 101 Basics for Entering the Work Force <ul style="list-style-type: none"><li>• First Impressions/Networking/ Building Resume</li></ul> Internship and Co-ops
<b>11:20 – 11:30 am</b>	Activity (Women In Technology)
<b>11:30 – 11:45 am</b>	Leader Closing –
<b>11:45 – 12:00 pm</b>	Closing/Feedback Survey/Wrap Up